

Vitae

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Outpatient Offices:

452 Germantown Pike, Lafayette Hill, PA

6201 Hamilton Blvd., S. 107, Allentown, PA

Psychotherapy/Administration:

Private Practice--('74 to present). Individual, group, family, and couples psychotherapy with specialty areas in sex and love addiction, chemical dependency, sexual abuse, and professional and clergy sexual misconduct.

Intensive Out-patient Program for sex and love addiction (9/88 to present)--original design and ongoing supervision of a

weekly, three and a half hour, evening program including psychoeducation, group therapy, and a Twelve Step meeting. Recovery includes behavioral change and resolving childhood issues of neglect and abuse, especially sexual abuse.

Clinical Consultant, The Counseling Center in Princeton--

(1/2000 to present)--Dr. Richard Leedes, Director.

Consultant, www.MyDailyRecovery.com--(11/97 to 1/2002)

professional resource and development for Internet website for alcoholism, alcohol abuse, codependency, children of alcoholics, and other addictive and emotional dependencies.

Advisor, www.OnlineSexAddict.com--(5/2000 to 10/2000)

assist and advise the site owner on content, site development, and professional concerns.

Director, Addiction Services on the Sanctuary--

Creator and Director of a unique, inpatient program for recovery from sex and love addiction and codependency at the Northwestern Institute of Psychiatry, Fort Washington, PA (11/92 to 8/94)--Addiction services are integrated into the

Sactuary model for trauma treatment for survivors of physical, emotional, and sexual abuse, developed by Sandra Bloom, M.D. and her Alliance for Creative Development. Through consultation services, patients with compulsive sexual acting out and/or relationship dependency are treated on all units in the hospital (adolescent, women's, general adult, geriatric, and crisis). Recovery includes behavioral change and resolving childhood issues of neglect and abuse, including sexual abuse.

Attending Psychologist--Adolescent Dual Diagnosis Team,

Charter Fairmount Institute (8/87 to 11/92), Philadelphia, PA.

Leader of multi-disciplinary treatment team, individual and family therapy. Specializing in teens suffering with sexual compulsivity and sexual abuse histories.

Director of Psychological Services--(6/86 to 8/87). Developed

an intensive in-patient program for 54-bed psychiatric hospital specializing in treatment of professed Religious. Administrative, supervisory, testing, and clinical responsibilities.

Attending Psychologist--Alcoholism Treatment Service, The

Fairmount Intstitute (11/83 to 6/86). Individual psychotherapy, family consultation, and coordination with multi-disciplinary team of a 42-bed dual diagnosis unit.

Unit Administrator--('80-'81). Northwestern Institute of Psychiatry.

Intake Coordinator--('77-'79). Northeast Community Center for Mental Health/Mental Retardation.

Acting Director, Partial Hospitalization--('76-'77). Northeast C.C. MH/MR.

Psychotherapist--('74-'76). Partial Hospital Program, NECC- MH/MR.

Community Outreach Worker--('70-'72). Consultation and Education Department, Eagleville Hospital and Rehabilitation Center.

Education and Training Positions:

Director of Education and Training--('81-'83). Northwestern

Institute of Psychiatry.

Instructor--('86-'89). Graduate School of Education, Counseling

Psychology Program, University of Pennsylvania.

('96) Graduate Program in Counseling Psychology,

Chestnut Hill College, Philadelphia, PA.

Consultant--('87-'91). Gestalt Institute of Philadelphia.

Education/Licensure/Certification:

C.A.S.--Certified Addictions Specialist--Health Care Providers in

Addictive Disorders ('91-'01).

N.C.A.D.C.--National Certified Alcohol and Drug Counselor ('90).

C.A.C.--Certified Addictions Counselor, Pennsylvania ('89-'01),

Diplomate ('93-'01).

Pennsylvania Licensed Psychologist ('82)--PS-003909-L.

Ph.D.--Counseling Psychology, University of Pennsylvania ('82).

Certified Gestalt Psychotherapist, Gestalt Center for Psychotherapy,
New York, New York. ('76).

Pennsylvania Licensed Social Worker--SW-003430-E ('89).

M.S.S.--Bryn Mawr School of Social Work and Social Research
('74).

B.A.--Hobart College ('69). Phi Beta Kappa, Magna Cum Laude,
Honors in English Literature.

Supervision/Consultation:

September, 1972 to January 11, 1976 (certified)--Marilyn Rosanes-
Berrett, Ph.D. The Gestalt Center for Psychotherapy and
Training, 150 East 52nd Street, New York, New York 10022.

September, 1989 to November, 1992--Raymond Johnson, M.D.,
Family Resource Partners, 301 City Line Ave., Suite 340, Bala
Cynwyd, PA 19004.

September, 1993 to present-- Jack Lit, Ph.D., 109 Haws Lane,
Erdenheim, PA 19118.

Bibliography:

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Griffin-Shelley, E. (1984). Designing your own stress strategy. Eap Digest, 4 (4), 39-41.

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Johnson, R.A., & Griffin-Shelley, E. (1987). Spirituality and the

regulation of self-esteem. Alcoholism Treatment Quarterly, 4
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Psychiatric needs and services for clergy. Carrier Foundation
Letter, #136, Belle Mead, NJ: Carrier Foundation.

Griffin-Shelley, E. & Sandler, K.R. (1988). When charity goes awry.
Human Development, 9 (2), 35-40.

Griffin-Shelley, E. & Wendel, S. (1989). Group psychotherapy with
long-term in-patients: Application of the model. Small Group
Behavior, 19, 379-385.

Griffin-Shelley, E. (1989). The clergy and compulsive sexual
behaviors. The Priest, 5, 40-43.

Griffin-Shelley, E. (1989). Sexual addiction. Carrier Foundation
Letter, #141. Belle Mead, NJ: Carrier Foundation.

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behaviors. The Medical-Moral Newsletter, 26, (8&9).
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- Griffin-Shelley, E. (1991). Sex and Love: Addiction Treatment and Recovery. New York: Praeger Publishers.
- Griffin-Shelley, E. & Sandler, K.R. (1991). A follow-up study of dually diagnosed (chemically dependent) adolescents. Journal of Adolescent Chemical Dependency, 2 (1), 1-11.
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- Griffin-Shelley, E. (1994). Adolescent Sex and Love Addicts. Westport, CT: Praeger Publishers.
- Griffin-Shelley, E. (1995). Adolescent sex and relationship addicts. Sexual Addiction and Compulsivity: The Journal of Treatment and Prevention, 2 (2), 112-127.
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